



The ACES Clinic supports clients to develop and achieve their personal and professional goals using a team of professionals including an occupational therapist, licensed clinical social worker, and a MS in education. Our team addresses a variety of issues providing services in office and virtually utilizing individual and group treatment.

Services

Mental Health Supports

- Mental Health Evaluations
- Anxiety/Depression
- Obsessive Compulsive Disorder
- Behavior Management
- Emotional Regulation
- Coping Skills

Occupational Therapy

- Standardized Assessments
- Executive Function
- Sensory
- Executive Function Coaching
- Informal Assessments
- Activities for Daily Living
- Leisure Supports
- Sleep Hygiene

Accountability Coaching

- Time Management
- Goal Setting
- Positive Support
- Motivation
- Education Support
- Routine Building
- Vocational Exploration

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