

Dear IIACC Member,

We hope your week is going well! We wanted to reach out with various ongoing and upcoming opportunities that may interest you and/or the individuals you support!

With summer upon us, it is a time when many families and individuals are looking for ways to join or engage in new activities. Whether looking to structure time within a week, build new skills, learn about accessible resources, or just have a chance to connect with others, HANDS in Autism® has a range of individual and group programming options for individuals with intellectual and/or developmental disabilities and their families/caregivers.

With a focus on skill building, the summer lineup is fun and engaging! Check out the options and topics and consider sharing these with your team, other providers and the families or individuals you serve:

- **Small Groups**– Small groups, consisting of up to 6 individuals, will center around monthly topics and are conducted across 2-4 weekly sessions.

Days & Times	June	July	August
Tues 4-5pm EST OR Wed 9-10am EST	Shopping & Budgeting: Planning ahead and using tools on the go	Community Safety: Security around town and online	Job Hunting: Starting steps
Thurs 4-5pm EST OR Fri 9-10am EST	Indoor & Outdoor Fun: Things to do and what to expect	Rolling with the Flow: Adjusting to changes and feedback	Unwritten Rules: Promises, expectations, and friendships

- **Multi-day Sessions**– Sessions spanning a 2-3 day period allow for focused opportunity to learn, apply, and implement skills or areas noted for that session. This summer we are offering a 3-part series focused on self-advocacy and job exploration that will jumpstart series for this year. Consider joining one or all of these this summer!

Days & Times	June	July	August
Wed-Fri 11:30-1:00pm EST	Self-Advocacy: What does it mean and am I ready?	Self-Advocacy: Using your goals to develop your tools	Self-Advocacy: Your voice and its power in accomplishing your goals
	Job Exploration: Let's inventory your interests and start exploring	Job Exploration: A deep dive in interest areas	Job Exploration: Asking the questions and gaining experiences in your interest areas

- **Community Connections**– Groups that connect virtually to learn about just in time topics, connect with community opportunities, and to network among a group of peers.

Days & Times	June	July	August
	Community Rules & Safety:	Eating Out: The Yelp® review	Getting Involved in Your Area:

- **Next Steps™ 2-day Sessions (offered once a month, Wed-Fri 11:30-1)**– Next Steps™ sessions include active review and discussion surrounding autism and disability diagnoses, family life, available resources and supports, rights and regulations, and advocacy for best practices. These sessions are appropriate for parents/caregivers, individuals who are ready to self-advocate (i.e., transition-aged students or adults that are learning more about disability, rights, and advocacy), and other persons that support those with disabilities (e.g., grandparents or family members, teachers, providers, community members).
- **Internships (offered Tues-Fri, 8am-5pm EST with recommendation for at least 2 shifts/week for at least 2 hours/shift to maximize the internship experience, shifts can be both virtual and in person)**–Internships provide meaningful work-based learning experiences. Sessions and activities focus upon 21st century skill building via both individualized and Job Ready Indy badging curriculum and job exploration via informational interviews, pre-boarding/onboarding activities, and other onsite work experiences.
- **Individual Services**–Individual, or 1:1 service, center upon individual goal areas with a combination of scheduled times to work with HANDS trainers and follow-up activities to occur between sessions.

To learn more about these services, visit <https://handsinautism.iupui.edu/services/programming/>.

Ready to join? Let us know which services is best for you by filling out a brief 2-3 minute survey at <https://redcap.uits.iu.edu/surveys/?s=CPR39NJAW4>.

Have a family or individual with interest? Consider forwarding the above noted link or submit a service inquiry with their permission at <https://is.gd/InformationRequest> that will allow us to be in contact.

If you have further questions about HANDS in Autism®, services or resources, please feel free to be in touch via email at hands@iu.edu or by phone at 317-274-2675.

Hope to hear from you soon,
Drs. Neal and Swiezy

HANDS in Autism® Interdisciplinary Training and Resource Center



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COVID-19 Support & Resources

For information about the COVID-19 crisis and resources to support you and individuals with ASD, visit our website at <https://handsinautism.iupui.edu/2020/covid-19/>.

Get Involved

- [Ask-Learn-Share](#). Connect to pose questions, learn about resources and strategies, and share with HANDS trainers.
- [Local Community Cadres](#). Join the global or local cadre that best fits you and your needs as part of networking, information sharing, training, and dissemination efforts.
- [Indiana Interagency Autism Coordinating Council](#). Engage in statewide advocacy and leadership activities informed by stakeholders guiding and facilitating change in the field of ASD.

Join our e-newsletter: Be the first to know about upcoming events & activities by signing up for our biweekly newsletters or weekly practical pointers! Join listserv now! ([Click Here](#))

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